



NEWS



Season's Greetings



TO THE NURSES OF ST. MICHAEL'S HOSPITAL:

It is with sentiments of admiration and gratitude that I extend the most cordial greetings of Holy Church to the nursing profession, both alumnae and undergraduates, of St. Michael's Hospital, for a holy, happy, merry Christmas and a New Year filled with blessings. The exalted vocation of a nurse whose privilege and high duty it is to bring healing comfort and encouragement to the sick and the dying demands at all times the highest qualities of mind and heart. It presupposes strength of character, prudence of speech and charity of soul. It calls for faith and fortitude of a very high order. This is especially true in these gruesome days of war when many of you will feel the call to give your all for God and for country to go forth and tend to the sick and wounded of our brave, heroic boys who have taken up their stand at Britain's side in the most colossal conflict of the world's history.

St. Michael's has given you of her best, high ideals, efficient training and religious inspiration. To quote Bishop O'Hara of Savannah, "You see in the sick person not just one more patient in Room 106 Ward B, but one of the bruised and broken members of Christ's Mystical Body." About the head of the patient you see the halo of immortality. Your patient is for you a child of God made to His image and likeness. This gives a dignity to your work, it elevates your natural motives to the supernatural sphere for you hear ringing in your ears the consoling words of Christ, "Whatsoever you do to these the least of my brethren, you do unto me."

May the blessing of the Christ Child of Bethlehem, of Mary, His Virgin Mother, and of St. Michael, your glorious Patron, abide with you at Christmastide and throughout the coming year.

+ *James C. McQuigan,*
Archbishop of Toronto

THE NEWS

Published quarterly by the Alumnae Association of the St. Michael's Hospital School of Nursing.

- Editor Mildred Crowley '32
6 St. Thomas St. Ra. 5485
- Ass't Editor Mary Thompson '27
254 Russell Hill Rd., Ra. 1019
- Public Health ... Evelyn Van-Lane '32
12 Rosemount Ave. Ll. 7297
- Undergraduate
Activities Theresa White '38
507 Brunswick Ave. Ki. 2603
- Reporter..... Kathleen Boyle '36
Nurses' Residence,
St. Joseph's Hospital,
Ke. 9441
- Treasurer..... Kathleen Meagher '30
2 Farnham Ave.,
Apt. 105. Ki. 9885



WITH this issue of the News a new year is commencing, and we, the Editorial Staff, wish to express our appreciation to all our contributors, Sisters, Doctors, and nurses, for the support and encouragement we received during 1941.

The past year has been one of stress and to many of our nurses and their families has brought anxiety and grief. The coming year will probably bring greater sacrifices and added responsibilities, but whatever it brings, let us face it with courage and unity.

To all our fellow graduates everywhere, the News sends its very best wishes for the year 1942.

CONTRIBUTION FROM CORBETT-COWLEY LTD.

Corbett-Cowley Limited have sent a contribution of \$10.00 to the News. We greatly appreciate their kind donation.

Mrs. Albert Hagerman, who has been a patient in the hospital for some weeks, has been greatly missed at the various hospital functions this Fall. We sincerely hope that she will soon be feeling well again.

We are glad to report that Sister Mercedes is convalescing after a recent operation at St. Joseph's Hospital, Toronto.

We were all happy to hear that Leone Dubeau is home from the Sanitarium and feeling very well, and also that Florence Dwan is able to be back on duty again after a lengthy illness.

CORRECTION

We wish to correct the error in spelling Miss Lois Healy's name in the October issue of The News. Miss Healy wrote the excellent article on Pavaex Therapy, and we hope she will accept our sincere apologies

RED CROSS REPORT

The knitting for the Red Cross is going along very well. The Sisters and Nurses are all working hard and most of the wool on hand has been given out. I hope to have a report of the number of articles completed for the next issue of the News.

A. Bourdon.



“How far that little candle
throws his beams—
So shines a good deed
in a naughty world.”

—Spoken by Portia in
“The Merchant of Venice.”

ALUMNAE

THE quarterly meeting of the Alumnae was held in the Residence on December 2, 1941, Miss Doreen Murphy presiding. Reports were read by the Treasurer and conveners of special committees. Miss Julia O'Connor was asked to look after the Christmas Boxes to be sent to the sick nurses, and Miss Kathleen McCully was appointed convener of a bridge to be held sometime in the Spring.

A Christmas gift of \$25.00 was voted to be given to the Sisters, and a donation of \$25.00 to be given to the Federation of Catholic Charities.

The speaker, Miss C. McCorquodale, Dept. of Radiology, Toronto General Hospital, gave her instructive and interesting lecture, "A Nurse Looks at Radiology," illustrated with moving pictures.

Miss Marion Holmes won the Attendance prize, and refreshments were served after the meeting.



SILVER TEA

RED carnations and white snapdragons decorated the tea-table and platform of the Auditorium which was lighted entirely by red and white candles at the Tea sponsored by the Alumnae Association on December 7th. Sister Zephrias, Miss Doreen Murphy, President, and Miss Celeala Malowney, Convener, received the guests. Those pouring tea included Miss Julia O'Connor, Mrs. Thomas Day, Miss Ethel Crocker, Miss Ella O'Boyle, Mrs. T. Scully, and Mrs. Paul Roach, and the assistants were the Misses Peg Stone, M. McRae, M. Lee, C. Sheedy, D. Lane, M. Robertson and H. Costello.

Dr. George Wilson introduced the Douglas Sisters (Nancy, Eileen and Victoria), whose singing was enjoyed and appreciated, as usual, by all. Among the many guests we noticed Miss Kathleen Russell and Miss Emory from the School of Nursing, Capt. W. T. Noonan and Mrs. Noonon, N.S. Flora Brohman, Lieutenant-Surgeon Jim McCormack, and scores of others—Sisters, Doctors, nurses and friends.

The net proceeds, which amounted to approximately \$70.00, were donated to the Scholarship Fund.

Are You A Member Of Your Alumnae



THE year 1942 is the 50th Anniversary of our Training School. The total membership of our Alumnae for 1941 was 396, of which 30 members were not in good standing (owing to fees not being paid on time), and 16 members were honorary. This means that only 350 were paying members in good standing (256 Active and 94 Associate) of the Alumnae Association of a Training School that has graduated 47 classes.

The object of our Alumnae is the promotion of unity and goodwill among the graduates and the advancement of the profession of nursing. This objective is being accomplished, with wonderful success, by about one-quarter of our graduates. Think, then, what we could accomplish if we even doubled our membership. The benefits enjoyed by our graduates are many, and the fees only nominal. It is each graduate's duty to support the Alumnae of her Training School, not to let the few do it all.

Membership is as follows:

ACTIVE MEMBERSHIP—Fee \$3.00 per year, entitles a member to hold office, vote at the Annual Meeting, receive the Alumnae paper, and receive a reduction of 50% on all hospital bills.

ASSOCIATE MEMBERSHIP—Fee \$1.00 per year, entitles a member to above privileges with the exception that reduction on hospital bills is 10%.

ALL FEES are due January 1st, and must be paid to the Treasurer not later than **FEBRUARY 1ST** to be in good standing. Only members in good standing for two consecutive years may enjoy hospital privileges.

If you are not a member at present, get in touch with the Treasurer, Miss Kathleen Meagher, 2 Farnham Ave., Apt. 105. Telephone—Ki. 9885.

Sponsored by the Alumnae Association
of St. Michael's Hospital School of Nursing

SUPPER DANCE

JANUARY 19, 1942
ROYAL YORK HOTEL

TICKETS—\$2.50 per couple.
Convener—
Miss Elizabeth Dalgleish



Nursing Care in Suprapubic and Transurethral Operations

GORDON S. FOULDS, M.D.

TO other group of patients is so dependent on skilled and adequate nursing care as that comprised of patients suffering from prostatism. No patients respond better to good nursing than do those comprising this group. Therefore, it is important that nurses should be fully acquainted with this type of patient, and with the measures employed in his treatment.

Prostatism occurs most commonly in men over fifty-five or sixty years of age. These will complain of frequent and difficult urination, the latter often going on to complete retention of urine. The obstruction formed by the enlarged prostate interferes with the complete emptying of the bladder, and results in the occurrence of residual urine, often many months before complete retention occurs. The difficult and incomplete emptying of the bladder usually results in kidney damage and the latter in the occurrence of toxic and uraemic symptoms. This combination of pathological changes establishes a complicated and difficult surgical and nursing problem.

The retention of urine is relieved by catheterization, and bladder drainage is maintained by indwelling urethral catheter or suprapubic cystostomy. When adequate drainage has been established, improvement in kidney function is encouraged by the administration of rather large amounts of fluids, by mouth and, if necessary, intravenously. To maintain an adequate fluid intake may well tax the ingenuity of the most skilful nurse. What is an adequate intake? This is best judged by observing the amount of fluid which must be taken to assure an output of urine of 2000 to 3000 c.c. in each twenty four hours. The loss of fluids by invisible perspiration, and as moisture in the air expired in breathing, ordinarily amounts to 1000 to 1500 c.c. daily. This is greatly increased when with fever, larger amounts of moisture are lost in respiration and in invisible perspiration. The kidneys can only utilize the available fluid remaining after the requirements for respiration and perspiration in regulating body temperature have been fulfilled. These temperature regulating processes have first call on body fluids. Therefore, careful observation of the amount of the urine output is important as a guide in maintaining a sufficient fluid intake. This method of judging the adequacy of the fluid taken is infinitely better than merely being satisfied by some stated amount of fluid intake.

It is of considerable importance that any interference with adequate drainage through the catheter should be avoided. Irrigation of catheters by nurses has been facilitated by the employment of the "Y" irrigation apparatus now in quite general use. Supervision by the nurse is also required at all times that precautions are taken to maintain "sterile technique", by those handling the tubing in such apparatus.

After a suitable period of drainage by catheter or suprapubically, prostatectomy is carried out either transurethral or as a second stage suprapubic prostatectomy. After either of these procedures, nursing

care is important. Then, as before operation, adequate fluid intake must be maintained. Each procedure also presents its own peculiar problems.

After the prostate has been removed suprapubically, the bleeding is controlled by an inflated bag being placed in the cavity formed by the removal of the gland. This rubber bag is maintained in place by traction on a urethral tube attached to it which is fixed to a tripod placed against the perineum. Urine drainage is still maintained by a suprapubic catheter. The bag is deflated in from twelve to twenty four hours and removed shortly afterward. During this period, careful watch must be maintained to observe the amount of bleeding. On one hand, it may be noted that a mixture of a small or moderate amount of blood in the urine makes a very bloody appearing mixture. On the other hand, clots on the dressing are definite evidence of excessive bleeding. Careful observation of the pulse rate and blood pressure is imperative in judging the seriousness of bleeding. After the haemostatic bag has been removed, the urinary drainage for a period of about ten days will still be from the cystostomy. Careful attention to dressings in the maintenance of comfort helps a great deal in obtaining a happy and quick recovery on the part of the patient.

When transurethral removal of the gland is undertaken, care is exercised to obtain good haemostasis by coagulation of all bleeding vessels at the time of operation. If good control of bleeding is obtained, an indwelling catheter is placed in the urethra and the patient returned to bed. Sometimes an inflatable bag must be inserted to control bleeding. This bag is attached to a catheter and is maintained in position by fastening the catheter, under tension, to the patient's thigh with adhesive tape. In either case, bladder irrigation is required at frequent intervals using the "Y" irrigation apparatus. Failure to maintain free flow of irrigating fluid and urine through the catheter results in its complete blockage by clot, and the accumulation of clots in the bladder. This starts a vicious circle; bleeding—clots—a blocked catheter—straining to empty the bladder—more bleeding—more clots, and so on. Thus, adequate care of the catheter and irrigating apparatus is of paramount importance.

Older patients such as those suffering from prostatism do not react well to extreme changes in environment and habits, and an effort should be made to make them as comfortable as possible, with few restrictions in their diet and habits. Further, it is customary to allow them to sit out of bed, and move about as much as possible, even within thirty six or forty eight hours after operation has been performed.

Added to the technical requirements in good urological nursing, there must be a real understanding of, and interest in, sick old men. They are required to submit to serious and sometimes painful surgical procedures at advanced ages. They each require a large measure of human kindness and sympathetic care.

Undergraduate Activities



ON October 30th the Sodality held a party for the Sisters and student nurses and the following night for their parents and friends. A silver collection was taken and the proceeds used to prepare Christmas boxes for the nurses overseas. Each box contained chocolate bars, dates, oxo cubes, Kleenex, hand lotion and tea bags.

The student nurses gave a party and Christmas Tree for the children of the hospital employees on December 19th. Santa Claus (Lillian Hodges) arrived and presented each child with candy, a toy, and woollen scarf and mitts.

The '42 Graduating Class received their black bands on December 6th. Sister Superior addressed the nurses, and the bands were presented by Sister Mary Kathleen, Sister Zephrianas and Sister Jeanne. Permission was given for them to attend Midnight Mass in the Chapel on Christmas Eve.



On December 18th, the annual Christmas Party was held in the Lecture Hall and was well attended by the Sisters, Doctors, and Nurses. The student nurses enacted a Biblical play entitled "The Birthday of A King."

The Senior Class Uniform dance was held in the Residence on November 12th and was convened by the Misses Watson, Haughey and Picket. On November 13th, the Intermediate Class held their dance and the conveners were the Misses Kraft and Reilly.

The Inter-school Undergraduate Association sponsored a Basketball Tournament on December 4th in the gymnasium of St. Joseph's College. Training Schools competing were Toronto General, Toronto Western, Hospital for Sick Children, Women's College and St. Michael's. The Western Hospital nurses were victorious.

The Graduating Class held their first class dinner on December 4th at Ellen Bradley's. Miss Hawley was the convenor.

Public Health

The Public Health Nurses' Association of the Dept. of Public Health, Toronto, sent Miss Louise Tucker and Miss G. Clavir to represent the department at the American Public Health Association convention in Atlantic City in October. On their return an open meeting was held in St. Michael's Hospital Lecture Hall to hear their reports and also that of Miss Greta Ross of the Crippled Children's Foundation, who attended a special course on Orthopaedic Nursing.

Miss Tucker said the highlight of the convention for her was the address given by Sir Wilson Jameson, chief medical officer of the British Ministry of Health, who spoke of meeting the public health emergency in Great Britain. His final words of advice were, "Firstly, be prepared. Had England been prepared she might not have been where she is to-day. Secondly, a careful distribution of technical manpower should be made. A good central body is needed to distribute health services where and when needed. Lastly, everyone must be alert and be willing to do what he can over and above his normal duties."

Miss Clara Vale read an excellent paper on Mental Hygiene Nursing, and Miss E. Fraser gave a splendid paper on Hospital Health Service.

Marguerite Grossmith '37 and Madeline Harbert '39 have been appointed to the Toronto staff of the Victorian Order of Nurses.



A Tea and Sale of Homemade cooking was held by the Public Health Nurses Association in the Nurses' Residence of Riverdale Isolation Hospital. Miss M. Henderson won the very handsome Afghan donated by Miss Pringle. The draw was made by Mrs. Gordon P. Jackson. Over \$275 was raised and donated to the British Nurses Relief Fund.

Dr. Blatz of the Institute of Child Study, Dr. Hincks of the National Committee for Mental Hygiene and Dr. Jaffary of the School of Social Work have gone to Great Britain on the invitation of the Ministry of Health. They will survey the need for experienced personnel to deal with the child population both in the blitzed areas and also in the centres to which children have been evacuated. This may be a field in which Canada and Canadians can make an important contribution.

NEWS FROM OLD ENGLAND



Extracts from letters written to her mother by
N.S. Connie Bond on arrival in England.

London, 23rd October, 1941.

"Our send-off from Camp Sussex was a happy one. The Camp Sussex girls arranged a Coffee Party, and we danced and sang until it was time to leave. Suits, great coats, respirators with gas capes tied on, and steel helmets fastened on our shoulder epaulets—a pretty big armful to kiss good-bye. Everyone was happy and not a tear shed. All kinds of friends came down to see us off, and the Grenadier Guards sent their band. At 10 a.m. the next morning we detrained and immediately embarked. Our ship was a luxury liner, two in a cabin. We were very comfortable and the meals all the way were grand. Off the big lounge where everyone sat was a library with a fireplace, big chesterfields and cozy chairs. That was our headquarters, and after the first day the officers came in to have after-luncheon and after-dinner coffee, and soon we had all kinds of friends. I will give you a day by day description.

Monday. Walked the decks—awed at the sights we beheld in the harbour—the strength of the British Navy. Played bridge in the evening.

Tuesday. Had four hours shore leave—toured Halifax, did some shopping and returned to ship. Bridge in the evening.

Wednesday. First up. Boat is chug-chugging. Hurried on deck to find we had left dock and steaming up—the wrong way. I am getting all caught up on my sleep. We dress for dinner in our wool uniforms. After dinner an officer of a Montreal regiment played the baby grand piano and we all gathered round and sang.

Thursday. We are off at last. It was a grand sight as we sailed down the harbour—all the ships falling into position in the convoy, the largest to cross the Atlantic so far. We were on the flagship with the



Admiral. We watched the shores of our dear Canada disappearing gradually. As we reached the open sea, the other ships grouped around us. Now we carry our life-belts all the time. Everyone very excited after the long wait. At night on deck it was a wonderful sight. The destroyers close to us and no lights except for the signals from boat to boat.

Friday. Life-boat drill each morning. There is a 60-bed hospital, and we take turns going on duty.

To-day is my turn. We never had more than twelve patients all the way over.

Saturday. On deck early this morning. The aeroplane is making beautiful figures overhead. Rough sea blowing up. Dishes are sliding from side to side and big waves wash right over the top deck. Everyone happy except those who are not. The nursing sisters are wonderful sailors. In bed at 12.30—going out on deck not allowed after dark now we are out at sea. Just in bed when alarm rang. We don't undress so just had to put on shoes coat and beret, and were up on deck in a short time, white and shaken, to be told it was a false alarm. Later we heard that a small freighter had become lost from its convoy, wandered into our midst, and we almost rammed it.

Sunday. Bea and I up at 6.15 for mass, but there was none. Capt. Barker was afraid the Chalice might upset. I was almost rocked out of my bunk in the night. Just felt like a baby in a cradle.

Monday. We are spending more and more time on deck. Have had P.T. twice on sun-deck, skipping rope and all. We surely are in the pink and not a bit sea-sick.

Tuesday. Message from the Canadian Destroyers wishing us a safe voyage and happy landing. They leave us soon. We fixed up our ditty bags (we called them Torpedo bags) putting in sweater, wool scarf, bars of chocolate. I was the unit clown. Everyday I added something else and carried mine tied to my life belt all the way over. I wasn't taking any chances.

Wednesday. Mass in the library at 7 a.m. Out on deck before daylight and saw the British destroyers for the first time. Beautiful day, the sea very blue.

Thursday. Mass at 7 a.m. To-day is best yet. The aeroplane escort has joined us. Day of excitement. Saw aeroplane swooping low and circling—later heard it had dropped three depth charges with success. That night we sighted land, lifting of tension—everyone laughing and happy.



Friday. Mass at 7 a.m. Land is now clearly in sight. Hate to go below even for meals. We came in up the river where we sailed from many years ago, and all the beauties of our homeland were unfolding before our eyes.

We didn't go ashore for two days as we arrived early and they weren't ready for us. Col. Ralston came aboard to greet us and told us we were to be sent to Digswell Place, a home for Canadian nurses. Early Sunday morning we boarded the train for London and then took the bus to Digswell Place."

Somewhere in England,
29th October, 1941.

"When we arrived at Digswell Place we were met by Matron-in-Chief Pense and told that we would have a week's leave. Matron Pense is a grand person and very kind, and takes a personal interest in each nurse. Digswell Place is the beautiful country home of Col. and Mrs. Maitland who have turned it over, intact, (furniture, pictures, books, china, sterling) to be used as a home for Canadian nurses. The Maitlands live over the stables and come to the house for meals. Col. Maitland is in home guard and

Mrs. Maitland, who is charming and lovely, drives a truck in the Auxiliary Territorial Service. They have four children, one at school in England and the other three over in Canada.

Our room was the day nursery. Very comfortable beds with afghans on them knitted by pupils of Wilkinson Open Air School, Toronto. Maids put out our night clothes, turned down our beds and put hot water bottles in. Breakfast was served in bed (no choice) on dishes donated by Mrs. Massey. The meals were grand with garden-grown vegetables.

We decided to spend our leave in London and took rooms at the Park Lane where most Canadians stay. Marg Hunt phoned and we met her for luncheon. My it was good to see Marg. We were entranced with the streets of London—old ladies selling violets, flower stalls of the most beautiful flowers you could ever imagine, people going along in the queerest outfits, girls in slacks and mannish jackets, many lovely looking girls, smartly dressed, with beautiful complexions and hair. Green Park in front of our



hotel was all that separated us from Buckingham Palace. We didn't know that, and next morning on crossing the park came upon it unexpectedly. A kind Bobby told us about the different gates and asked if we had ever seen the King and Queen. We said yes, in Canada. He told us they would be arriving soon, so we waited and caught a glimpse of them, also the Princesses in pink coats and hats.

We saw 10 Downing Street, Scotland Yard, Westminster Abbey, and St. Paul's. Then to East London and down Petticoat Lane. We saw the Old Curiosity Shop, had lunch at "Ye Olde Cheshire Cheese Tavern" where Johnson and Boswell sat and talked, visited the Tower of London and saw the beef eaters, the guards' barracks, and the site where Charles I was beheaded. Went dining and dancing to several of the well-known clubs, and saw several shows. Chu Chin Chow at the Palace Theatre was wonderful. I love the food here—I'll never get thin. Sunday attended mass at Brompton Oratory and watched the 3rd Div. Royal Canadian Army Service Corps church parade from the Abbey.

Our leave over, back to Digswell Place to find we were still unwanted and our time our own. Went to Cambridge and saw tree planted by Milton. The Cathedral here is of very fine architecture and the old shrine to St. Alban is crumbling with age. Went to the Fighting Cock Inn where Oliver Cromwell stabled his horse and slept with it. Walked along the river and saw the ancient Roman ruins and arrived at Nell Gwynn's famous old cottage, quaint and rather dusty.

To-day received news. To-morrow, we eight nursing sisters of No. 2 C.C.S. are to be separated as our unit isn't ready for us yet. Bea, Lily, and two others go to No. 1 Neurological where Kay Zeagman is, and the rest of us go to No. 5 C.C.S. We hope to be together before long. I hate to leave here,

it has been so very pleasant and Mrs. Gilsen, a graduate of the Royal Vic in Montreal, who is in charge, has been like a mother to us all. However, I for one, am anxious to get to work.

N.S. Constance Bond,
R.C.A.M.C."

Taken from a letter written to Phyllis Harding.

No. 1 Neurological Unit,
Somewhere in England,
14th October, 1941.

"Arrived here 16th May and started to work on 21st. We came over on a cargo ship, not much comfort but fair amount of excitement. I was certainly glad to see land after ten days.

We work an eight-hour day and it is not difficult. There is a matron, 18 nursing sisters, a home sister, and 22 officers, all very congenial and friendly. We live in a big home on a huge estate and our food is very good. There are a few things, of course, which we never see such as oranges, grapefruit, etc. Eggs are very scarce and butter is a thing of the past. Cigarettes cannot be found anywhere.

We are only an hour's run on the train from London, so I go as often as possible. It still fascinates me. Have seen a number of good shows. Went up to Scotland for nine days on my leave and had a grand time. The weather was wonderful, didn't rain at all. The rainy days and black-outs do get me down. Black-out now comes around 6.30 p.m. which makes a very long night especially when it is cold, damp and raining. No one does any pleasure driving as petrol is severely rationed, and it is almost impossible to get taxis except in large cities. At the end of the week the units all have parties, and you would laugh at some of the vehicles we go out in. Everthing but a tank or armoured car. In fact, I am quite at home now in the back of a 6-ton lorry.

The thing I enjoy most is seeing the different little towns and villages, so steeped in tradition and history. There are certainly many beautiful old places to see. As for London—I think I could stay there for the rest of my life.



There has been very little enemy action since I arrived. We hear the Jerrys go over nearly every night and see the reflection in the sky when they bomb the coastal areas. If one could forget the destruction and horror, it is a picture to watch (from a distance) just like fireworks at the Ex. There has not been much damage where we are. I am on nights this week. Only one week on and then off for seventeen weeks. One sister, only, on night duty. I must admit that when the air-raid siren goes at night (sounds like a fire alarm only much louder and longer), it is a bit terrifying. Have had one the last three nights, but the planes just flew over on their way to the coast. I have some very good orderlies on duty with me. They certainly know their business and do nearly all the work.

At times I get very homesick, and would certainly love to hear from the nurses.

N.S. KAY ZEAGMAN,
R.C.A.M.C."



R.C.A.M.C.



THE eight nursing sisters of No. 2 C.C.S., including Sisters Connie Bond, Bea Curtis, and Lily Clegg, have arrived safely in England.

The Alumnae sent Christmas boxes to the five Nursing Sisters overseas. Articles were purchased and packed under the direction of Miss Ruby Price.



N.S. Barbara Grant and N.S. Kay Lawlor will be in Toronto for six days' leave over New Year's.

The staff of Camp Borden Military Hospital proved that they were front line material in the face of a real emergency. In the recent fire at the hospital, Officers and other staff members, Matron and Nursing Sisters, without a single exception, worked with calmness, efficiency, and rapidity, removing patients and equipment, and thereby, as Lt.-Col. J. W. Ross, Acting O.C., stated, were able to avert a near catastrophe. The fact that not a single patient was injured obscures the damage done to hospital and equipment.

Dr. Stan Lowrey has joined the R.C.A.M.C., and has been added to the strength of Camp Borden Military Hospital with the rank of Lieutenant.

ASHLEY & CRIPPEN

PHOTOGRAPHS

83 BLOOR ST. WEST.

CALL

Silverwood's

588 Dupont St.

La. 3381



At Mount Carmel Hospital, Detroit, Mich., on November 15, 1941, "Donald Joseph" arrived to Dr. and Mrs. Boden (Aurella Gaudet '27).

In November, 1941, at St. Joseph's Hospital, North Bay, Ont., to Mr. and Mrs. J. A. Gaffney (Estelle Casey '29), a son.

"Suzanne Marie" is the new daughter of Mr. and Mrs. Mort Maier (Bernadette Jones '36), born on December 3, 1941, in Rochester, N.Y.

To Dr. and Mrs. F. Alfred Brady, on December 8, 1941, at St. Michael's Hospital, a son.

A daughter arrived to Mr. and Mrs. Stewart (Kathleen Kennedy) at St. Michael's Hospital on November 6, 1941.

To Mr. and Mrs. John Newton (Josephine Schwalm '30) at St. Michael's Hospital on October 19, 1941, a daughter.

At St. Michael's Hospital on December 13, 1941, to Dr. and Mrs. Harry Robinson of Brampton, a son.

To Lieutenant-Surgeon and Mrs. Alex. Smith, on December 15, 1941, at St. Michael's Hospital, a son.



A PLEASANT HOLIDAY

In company with twenty-five Americans, Marion Holmes thoroughly enjoyed a tour of the Canadian West late this summer. Leaving from Sarnia by boat, they cruised through Lake Huron, St. Mary's River, the Soo Locks to Lake Superior. All forms of deck sports and dancing were enjoyed on the boat. At Port Arthur they entrained for the West arriving two days later in Calgary where they commenced a motor trip through the Rockies. They spent a day and night at Banff and then on to Lake Louise, where they visited such scenic splendors as the Great Divide, Yoho Valley, the Natural Bridge and Emerald Lake itself. From here they travelled over the Columbia Icefield Highway to Beautiful Jasper Park located in the heart of the Rockies, hemmed in on all sides by snow-crested mountain peaks and dotted with jeweled lakes, tumbling waterfalls and rushing rivers.

After three days in Jasper, Marion left the tour here and went on to Vancouver to visit her brother. She returned home thrilled with the trip, and highly recommending this tour as the ideal way to spend your holidays next summer.



PIERCY - SHANNON. At St. Mary's Church, Lindsay, Ont., in November, 1941, Helen Mary Shannon '30 to Mr. Charles Piercy. They are living in Lindsay.

McPHEE - JAMES. On November 15, 1941, at Blessed Sacrament Church, Toronto, Mona R. James '38 to Dr. Archibald E. McPhee of Cornwall, Ont.

ROY - PALENGIO. At St. Rita's Church, North Bay, Ont., on October 25th, Ellen Palengio '37 to Sgt. Ernest Roy. Following a trip to Ottawa and Montreal, they are living in North Bay.

HODGINS - BRILLINGER. At Our Lady of Lourdes Church, Toronto, on October 25, 1941, Mary Brillinger '35 to Mr. Leonard Hodgins. Following a motor trip to Quebec, they are living at 21 Tyrrell Ave, Toronto.

McCOWATT - BETSON. In New Brunswick, on October 23, 1941, Pauline Betson '36 to Mr. Frank McCowatt. They are living in Rothwell, N.B.

GORING - HENERY. At Barrie, Ont., in November, 1941, Peggy Henery '41 to Mr. F. E. Goring. They are living at 25 William St., Barrie.



MAE MADDEN '27, who has been staff nurse at the Westminster Hospital, London, for the last four years, has been granted leave of absence for active service in the R.C.A.F., and is now stationed at Port Albert.

Helen Sexton '31 is now a Nursing Sister with the R.C.A.F. at Jarvis, Ont.

Congratulations to N.S. Mabel Gardiner '38 who has been promoted to Sister-in-Charge at School of Gunnery and Bombing, Picton, Ont.

Flight Lieutenant Eric Dillane has been appointed Senior Medical Officer with the R.C.A.F. at Jarvis, Ont. Eric was senior on the E.N.T. service at St. Michael's a few years ago.

Mrs. Frank McCowatt (Pauline Betson '36) was entertained by Miss Doreen Murphy and presented with a lovely silver entree dish.

Showers for Mrs. Leonard Hodgins (Mary Brillinger '35) before her recent marriage included a kitchen shower, given by Kay Hodgins '36 at Haddon Hall and a linen shower given by Lucetia Kruger and Helena McLarty.

Phyllis Harding '38 was hostess at a personal shower for Mona James, now Mrs. Archie McPhee.

Dorothy Callahan '37 is in a doctor's office in Sudbury.

Ev Shields and Ann Clancy are doing general hospital duty in Seattle, Wash.

Bertha Gibbons '15, on a recent visit home from New York City, was the guest of her sister-in-law, Mrs. L. Gibbons (K. Clarkson), Guilford, Ont.

Mary Donahue '36 is now doing private duty in her home town, Fredericton, N.B.

When you choose
your Gifts at
BIRKS·ELLIS·RYRIE
they will be sure
to please.

BIRKS·ELLIS·RYRIE

YONGE AT TEMPERANCE

London

TORONTO

Sudbury

R.N.A.O.

DISTRICT 5 held a general meeting at the Toronto General Hospital on November 25, 1941, with an attendance of over two hundred. It was reported that paid-up members of District 5 now total 1605, and that \$5,787.17 has been donated to date by the members to the British Nurses' Relief Fund.

An exhibit entitled "Carry On" was explained by Miss Muriel Winters of the Toronto General. This project was exceptionally well planned and executed showing preparation girls should make in pretraining days if they wish to become a nurse, then the hospital training, and finally the various branches of nursing open to the Graduate.

Miss C. McCorquodale, Dept. of Radiology, Toronto General Hospital, gave her well-known illustrated lecture on "A Nurse Looks at Radiology."

ATTENTION!—Next meeting of District 5 will be held sometime in January, probably at St. Michael's Hospital. This will be a Canadian Nurse Meeting, and Miss Ethel Johns, editor of The Canadian Nurse, will be present.

THE ANNUAL MEETING of District 5 will be held the first Friday in February. Be sure to keep this date open.

Underwood Typewriters

Made in Canada by

UNDERWOOD ELLIOTT FISHER LIMITED

JOSEPH L. SEITZ, President

New and Used Machines

Portables — Rentals

Service — Supplies

135 Victoria St.

TORONTO

279 Bay St.

TRY

City Dairy

Kl. 6151

We Extend Our Sympathy to

Mrs. Claude Anderson (Mary Haley '24) on the sudden death of her husband.

Mrs. H. Lyons Allen (Margaret Grant '33) on the death of her mother.

Albani Beaudoin '26 on the death of her sister

Catherine Maddaford '38 on the death of her father.

Mrs. Gerald Forester (Kathleen McDonell) in the loss of her husband.

Mrs. Atkins (Betty Nolan '31) on the death of her mother.

THE AUXILIARY

AT the annual meeting of the Auxiliary in October, Mrs. A. Hymus, Sewing Convener, read the following report of work completed during the year at that time:

23 pr. pyjamas	37 pr. socks
11 doz. Handkerchiefs	3 scarfs
39 sheets	5 sweaters
15 bed gowns	2 H.W.B. covers
25 boy's shirts	2 ice-cap covers
17 pr. panties	2 pr. mitts
28 flannel bathrobes	

Since October, they have been working on clothing units for British civilian war victims, and have finished a complete Children's Unit. Each Unit consists of five complete outfits, and each outfit consists of 1 dress, 2 pr. socks, 2 pr. panties, 1 coat, 1 hat. They are now starting a Ladies' Unit.

This has all been accomplished with an average of five sewers per week. The Auxiliary would appreciate having the nurses come and help them. If you cannot sew, Mrs. Hymus would be glad to teach you. They meet every Tuesday in the basement of the hospital in A wing.

WINTER DANCE

THE Supper Dance sponsored by the Auxiliary at the Royal York on November 24th was a delightful party. The guests were received by the President, Mrs. W. T. Noonan, and the Convener, Mrs. Laird Alexander. The proceeds are being used to assist the Auxiliary in carrying on its war work and charities. Among those who entertained before the dance were Dr. and Mrs. George Wilson, Dr. and Mrs. W. T. Noonan, Dr. and Mrs. Laird Alexander, Dr. and Mrs. Smirle Lawson, Dr. and Mrs. J. T. Danis, and Dr. and Mrs. Hawthorne Steele.

OUT-OF-TOWN LETTERS



Taken from a letter written to Sister Mercedes, St. Joseph's Hospital, Toronto, by Mary G. Finn, 412 West End Ave., Apt. 8 East, New York City.

"I have just had a case at Medical Centre, one of New York City's finest hospitals. Many of St. Michael's nurses are on duty there and are regarded very highly. One of the supervisors told me that the nurses from St. Michael's Hospital were a credit to their School, without exception. I saw Alice Murphy, who is in the Eye Department, Elizabeth McKinnon, who is called in on cases frequently and well-liked by everyone, Katherine Roney, Bessie Carey, and the Heffernan sisters. My friend, Bertha Gibbons, has returned to New York and is already on a case at the hospital.

Although I have spent most of my life in Canada, New York is my home town, and it is now 16 years since I returned here. It was through Kate Clarkson, now Mrs. Leonard Gibbons, who was living in New York at the time, that I decided to come back. In 1927, after a successful year in New York, I went to California, and since then have been to many interesting places—nine countries abroad, Bermuda, both coasts, Florida, and have seen many mountains, including our wonderful Canadian Rockies. I was out to Yosemite National Park, The White Mountains, Green Mountains, Blue Mountains, and the Great Smoky Mountains, dedicated last year by President Roosevelt."

Dorothy MacGillivray, Red Cross Hospital, Espanola, Ont., writes:

Dear News:

I am one of your faithful readers and look forward to each edition like a visit to St. Michael's.

For the past two years have been engaged in outpost nursing, and at the present time am stationed about fifty miles west of Sudbury at the Espanola Red Cross Hospital, which is a small outpost having a capacity of about sixteen beds and four nursery cribs. There are three floors with Operating-Room, X-Ray, Sterilizing Room and Kitchen on the main floor. We serve a community of 1,500 and a large surrounding district which keeps us very busy. There are three nurses on the staff and we live in a residence about a block from the hospital.

Our work is like that of any general hospital, taking care of surgical, medical, and obstetrical cases. The Operating-Room is very well equipped with the result that we have a large number of both major and minor operations. We also treat a large number of out-patients which are usually minor accidents.

The Ontario Red Cross has about thirty of these outposts scattered throughout the province. Some in towns similar to Espanola, and others in isolated districts with just one nurse. The latter always

has a Public Health nurse who does both hospital and district nursing.

I would like to thank the Editor and staff for the many interesting items found in this paper.

Taken from a letter written by Elsie Cochran 36, Cleveland, Ohio:

"I have been working in Cleveland for the last four years and like it very much. Our hospital is affiliated with the University and is divided into four main divisions—Hanna House (the private patients' pavilion), Lakeside Hospital (Wards, 2 private floors, and Operating-Rooms), MacDonald House (Obs. division), and Babies' and Children's Hospital. It is very well-equipped and a congenial place to work.

The first three years here I was on general duty, then I was made Head Nurse on one of the private divisions. This year I have been transferred in charge of the Accident and Admitting division. Two years ago I took a course on Ward Management and Teaching at the University, and this year studied Educational Psychology. This hospital favours higher education for nurses. The students are all college graduates, and we are encouraged to take all the courses we can."

HOSPITAL STAFF DANCE

On December 3rd a dance was held in the Nurses' Residence for Staff nurses, dieticians, internes, and friends. The committee in charge included the Misses Grace Murphy, Marcella Berger, M. Gibbons, M. MacDonnell, Dr. O'Leary, Dr. Moran and Dr. Epping.

BLACHFORD'S

NURSES
WHITE ELK
OXFORD
also in Black



\$8.00

Less 10% to Nurses

286 YONGE ST.

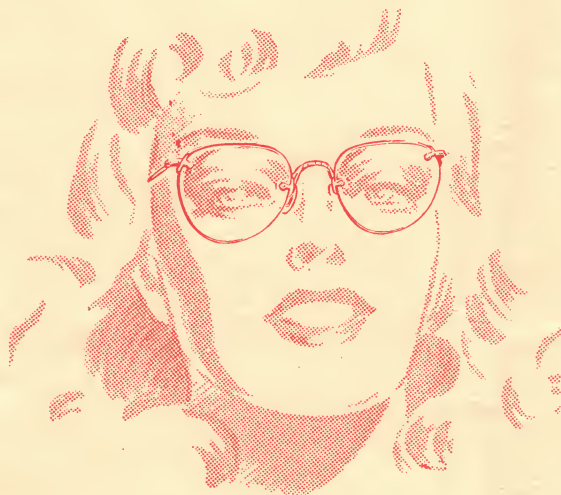
AD. 0598

Below Dundas

FOR A GOOD VIEW OF NINETEEN-FORTY-TWO

depend on

EATON Branded Line Spectacles



No need to tell *you* . . . a nurse . . . that your eyesight is invaluable! So guard and protect it by having a check-up very, very soon. We suggest the two branded lines below . . . fitted with either Corrected Single Vision Lenses or De Luxe Bifocal Lenses:

Mayfair A smart light weight style for women. Chased gold-filled mounting with shock absorbing "Triflex" springs for less liability of breakage, and a 10-kt. gold spring.

Eatonia Rimless style with chased gold-filled mounting and 10-kt. gold spring.

PHONE TR. 5111 FOR AN APPOINTMENT.
MAIN STORE . . . THIRD FLOOR

THE **T. EATON CO.** LIMITED

Barbara Hickey '37, who has been nursing in Chicago and Detroit for the last two years, has returned to Toronto and has joined the ranks of private duty.

The many friends of Mrs. Chas. Milne (Amy Howe '21), formerly of St. Catharines, will be glad to know that she is now located in Toronto.

Sue Hunt Paye '32 and son, Phillip, Jr., were in town for a visit this Fall en route to their new home, 3920 Willmington Ave., St. Louis, Mo.

Ella Beardmore is leaving January 3rd to take a position on the staff of the Women's Hospital, New York City.

Martha Stephen '40 has joined the staff of Riverdale Isolation Hospital, and Leone Noecker '38 is on the staff of Christie St. Hospital.



Elizabeth Regan has arrived in California where she expects to be staying with friends for about a year. Address 420 Raymond Ave., San Jose, Calif.

Florence Hinds '37 has been holidaying in Iroquois Falls for the last month.

Mrs. A. E. Saylor (Betty Fenton '34) has moved to New Glasgow, N.S., to join her husband, Capt. Saylor, who has been transferred from England.



Adele Johnston '34 has just returned from a three weeks' holiday in Bermuda, and is back at St. Michael's on general duty.

Vera McMullen '30, who has been staying with Rita Moore in Toronto, has returned to her home in North Bay for Christmas.

Recent Industrial appointments include Mary Bandel '29 and Peg Stone '34 to the staff of Defense Industries Limited, Pickering, Ont., and Elizabeth Dalglish '40 and Molly McMullen at John Inglis Co., Toronto.

Dorothy Lane '37 returned to Toronto this Fall and is at present doing private duty.

Betty Walsh '36 is now an air hostess with Trans-Canada Airways.

Celeala Malowney '39 sailed Dec. 19th to nurse for the Imperial Oil Co., in Talara, Peru.